

THE WESTLUND CENTER

**DEPARTMENT OF SOCIAL WORK
CALIFORNIA STATE UNIVERSITY NORTHRIDGE
(CSUN)**

**FIRST REPORT
Mental Health Resources in the Greater Northridge Community
7/15/2023---12/31/2023**

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INTRODUCTION

Laura Westlund created the Westlund Center (TWC) in response to two significant issues: her terminal illness diagnosis in 2021 and her awareness of the unmet mental health needs confronting urban communities.

After considerable inquiries about a suitable urban setting, a unique opportunity was presented in 2022 with the Department of Social Work at California State University, Northridge (CSUN).

Working in collaboration with this Department, TWC would become a Practicum Placement setting for selected first and second-year students to research community mental health needs and services, with the long-term goal of offering *“...an innovative Mental Health program to vulnerable members of the Greater Northridge Community (GNC).”* (www.thewestlundcenter.org)

Before her passing on 2/23/23, Laura established TWC as a 501 (c)(3) Private Charitable Trust funded by her estate. Funds from her trust would be invested so that TWC could exist perpetually. Profits from those investments would fund the organization’s operations, including stipends for the program’s interns.

On February 23rd, 2023, she lost her years-long cancer battle. Exercising her self-determination right, she took advantage of Washington State's Death with Dignity law and transitioned peacefully, surrounded by friends and neighbors at home.

TWC will continue her decades-long commitment to mental health service through this unique collaboration with the Department of Social Work at CSUN.

PROJECT

For this project, we defined The Greater Northridge Community as a Catchment Area, bound by Freeway’s SR-118 on the North, I-405 on the East, I-101 on the South, and Topanga Canyon Blvd on the West.

Within this area, nine cities cover 101.2 square miles with a population of approximately 504,697 people and are represented by 12 different postal zip codes. Not included in this data count were PO Box zip codes.

Since mid-July of 2023, Interns Andrea Godoy and Elijah Salazar Reyes have worked relentlessly to identify mental health organizations' services in the catchment area. Their efforts have resulted in this first of several reports, noting what is available in six categories: **Demographics, Brick-and-Mortar organizations and services, Crisis organizations and services, Private Practice providers, Faith-based mental health services, and Tele mental health organizations and services.**

While we have confidence in the scope of our organizations/services research, it is nevertheless a work in progress with updates as needed.

DEMOGRAPHICS

The categories selected for this section represent some of the more common 2020 Census Bureau areas of interest. There were dozens of Census Bureau demographic categories we could have chosen. We tried to list those that would provide something of tone and substance to the Northridge catchment area.

For the purposes of this project, we added one of the less common categories (INTERNET USERS) but one of significant interest to us to be identified and developed in section seven (TELEHEALTH).

Some demographic statistics represent an area larger than the Greater Northridge Community catchment area. Please note where an asterisk highlights such data.

(Public law 94-521 prohibits data collection on religious affiliations. Therefore, we were unable to include any information for this demographic)

GNC Demographic: Age

Canoga Park

91303 ¹		
0-9	12.6% [†]	3,788
10-19	11.8% [†]	3,522
20-29	20.1% [†]	6,020
30-39	18.60%	5,566
40-49	14.3% [†]	4,270
50-59	11.3% [†]	3,385
60-69	6.4% [†]	1,912
70-79	3.1% [†]	923
80+	1.9% [†]	579

Age

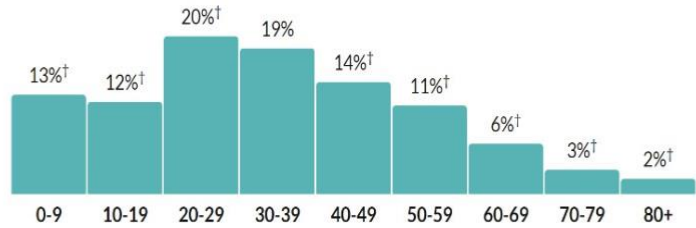
32.3

Median age

about 90 percent of the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

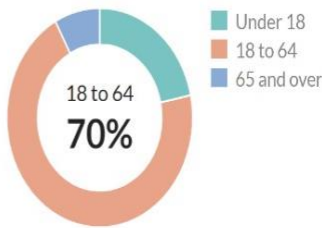
about 90 percent of the figure in California: 37

Population by age range



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Population by age category



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91304		
0-9	11.4%	6,158
10-19	11.8%	6,387
20-29	13.9%	7,522
30-39	13.1%	7,083
40-49	13.4%	7,263
50-59	15%	8,124
60-69	11.3%	6,136
70-79	6.1% [†]	3,317
80+	4.2% [†]	2,274

Age

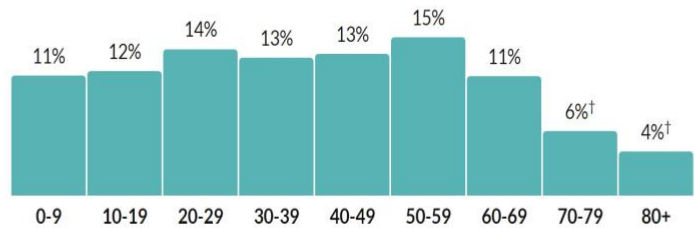
40

Median age

about 10 percent higher than the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

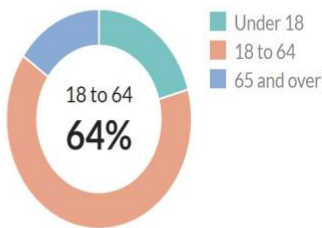
about 10 percent higher than the figure in California: 37

Population by age range



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Population by age category



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Chatsworth

91311		
0-9	10.7% [†]	4,416
10-19	11.8% [†]	4,839
20-29	11.1%	4,577
30-39	14.4% [†]	5,944
40-49	12.6%	5,190
50-59	14.9%	6,135
60-69	12.7%	5,244
70-79	6.8%	2,809
80+	4.9% [†]	2,034

Age

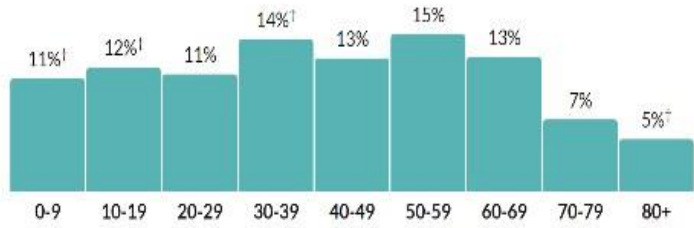
41.6

Median age

about 10 percent higher than the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

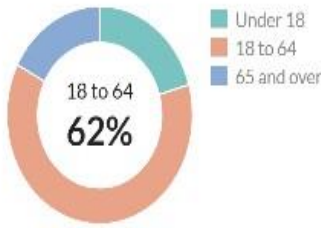
about 10 percent higher than the figure in California: 37

Population by age range



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Population by age category



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Granada Hills

91344		
0-9	10.6% [†]	5,772
10-19	11.9%	6,491
20-29	12.1%	6,570
30-39	12.2%	6,627
40-49	13%	7,080
50-59	15.5%	8,452
60-69	12.4%	6,766
70-79	7.3% [†]	3,983
80+	5% [†]	2,724

Age

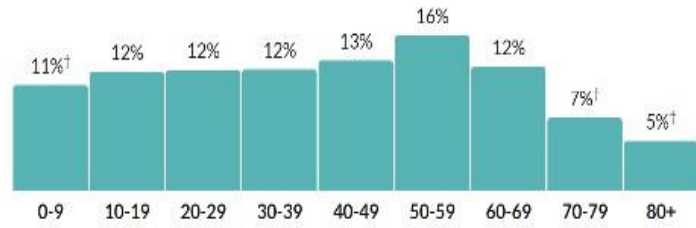
42.4

Median age

about 10 percent higher than the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

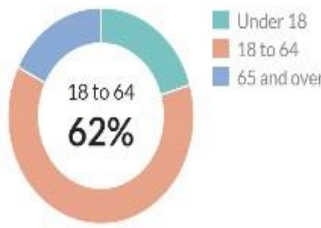
about 20 percent higher than the figure in California: 37

Population by age range



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Population by age category



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North Hills

91343		
0-9	13.7%	8,840
10-19	14.4%	9,281
20-29	14.8%	9,563
30-39	13.6%	8,756
40-49	14.2%	9,169
50-59	12.1%	7,812
60-69	9.8%	6,321
70-79	4.6%†	2,992
80+	2.8%†	1,785

Age

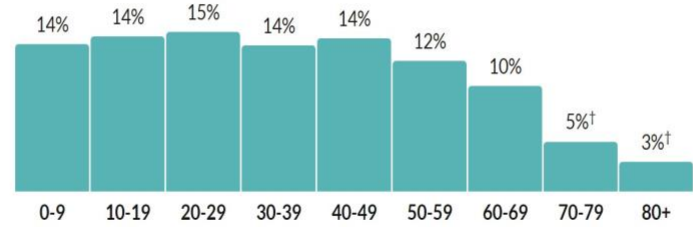
35 ±0.8

Median age

a little less than the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4 ±0.1

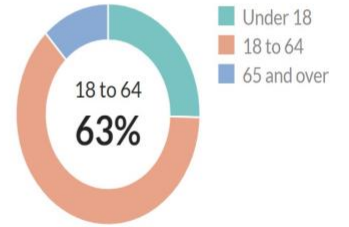
a little less than the figure in California: 37 ±0.1

Population by age range



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Population by age category



[Show data](#) / [Embed](#)

Northridge

91324		
0-9	10%†	2,945
10-19	10.7%	3,133
20-29	15.9%†	4,666
30-39	15%†	4,406
40-49	14.8%†	4,326
50-59	12.5%†	3,676
60-69	10.3%	3,013
70-79	6.7%†	1,961
80+	4.1%†	1,202

Age

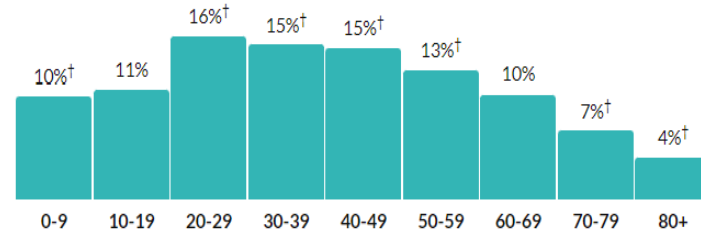
38.3

Median age

about the same as the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

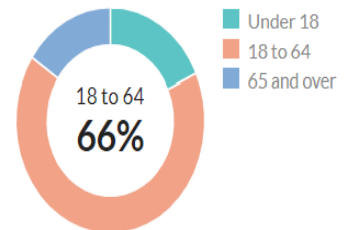
a little higher than the figure in California: 37

Population by age range



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Population by age category



[Show data](#) / [Embed](#)

91325		
0-9	9.4%†	3,308
10-19	12.1%†	4,266
20-29	17.5%†	6,203
30-39	13.7%†	4,840
40-49	14.50%	5,128
50-59	13%	4,606
60-69	11.3%†	3,991
70-79	5.3%†	1,878
80+	3.2%†	1,135

Age

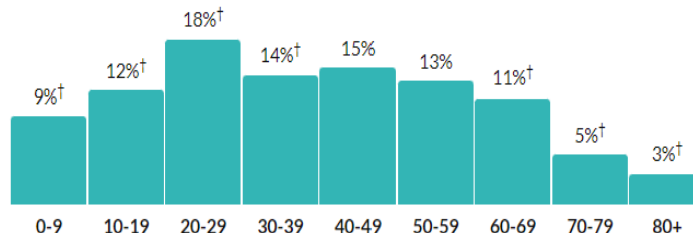
37.9

Median age

about the same as the figure in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 37.4

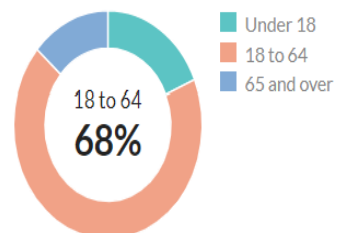
about the same as the figure in California: 37

Population by age range



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Population by age category



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91330		
0-9	6%†	127
10-19	5.8%†	122
20-29	14.3%†	300
30-39	8.2%†	172
40-49	25.7%†	539
50-59	12.4%†	261
60-69	14.1%†	296
70-79	10.1%†	212
80+	3.4%†	72

Age

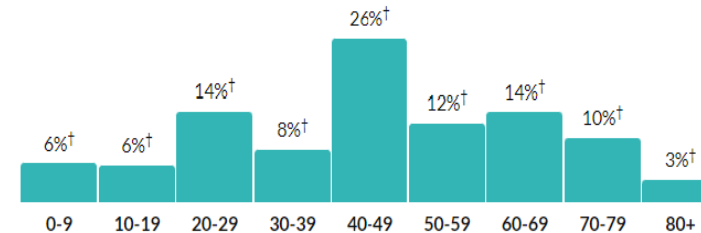
47.5

Median age

about 1.3 times the figure in Los Angeles: 36.2

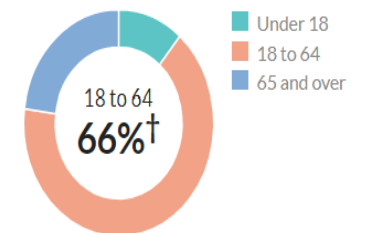
about 1.3 times the figure in Los Angeles County: 37

Population by age range



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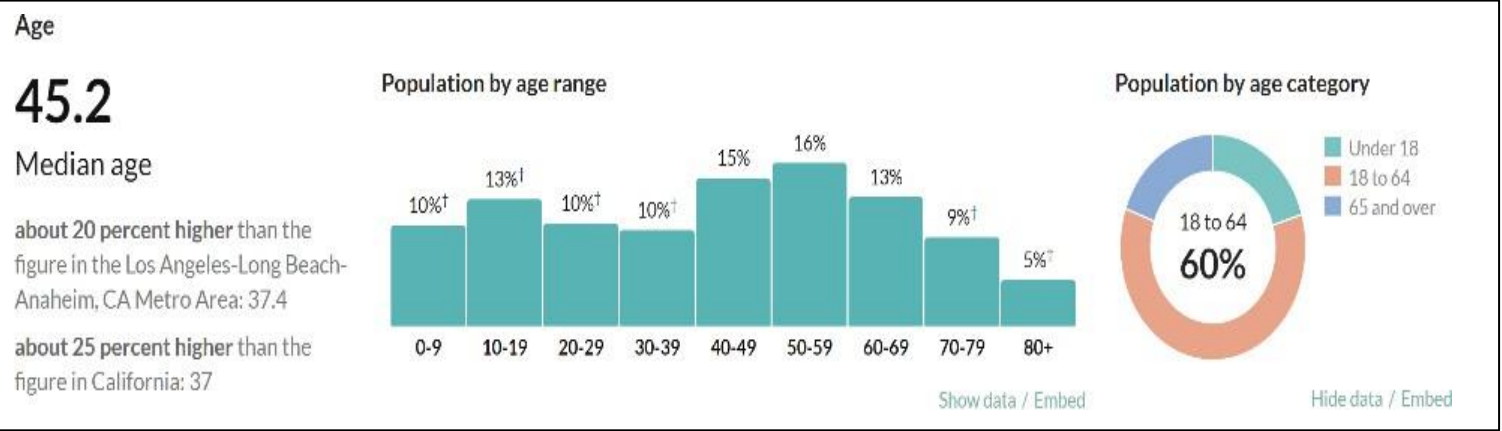
Population by age category



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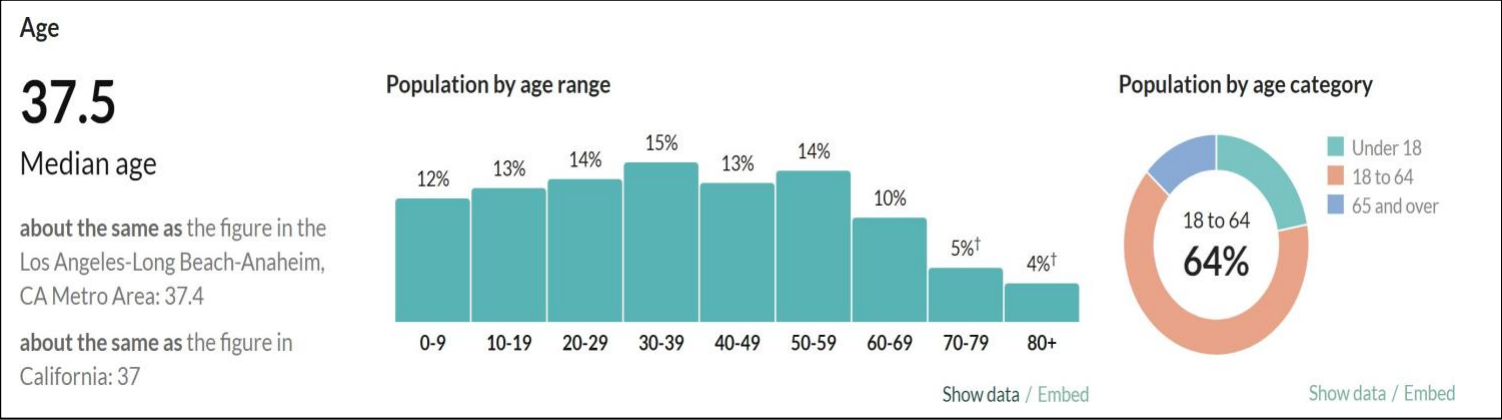
Porter Ranch

91326		
0-9	10.1%†	3,626
10-19	12.7%†	4,575
20-29	10.3%†	3,713
30-39	9.6%†	3,461
40-49	14.8%	5,324
50-59	16.3%	5,881
60-69	12.9%	4,642
70-79	8.9%†	3,197
80+	4.6%†	1,660



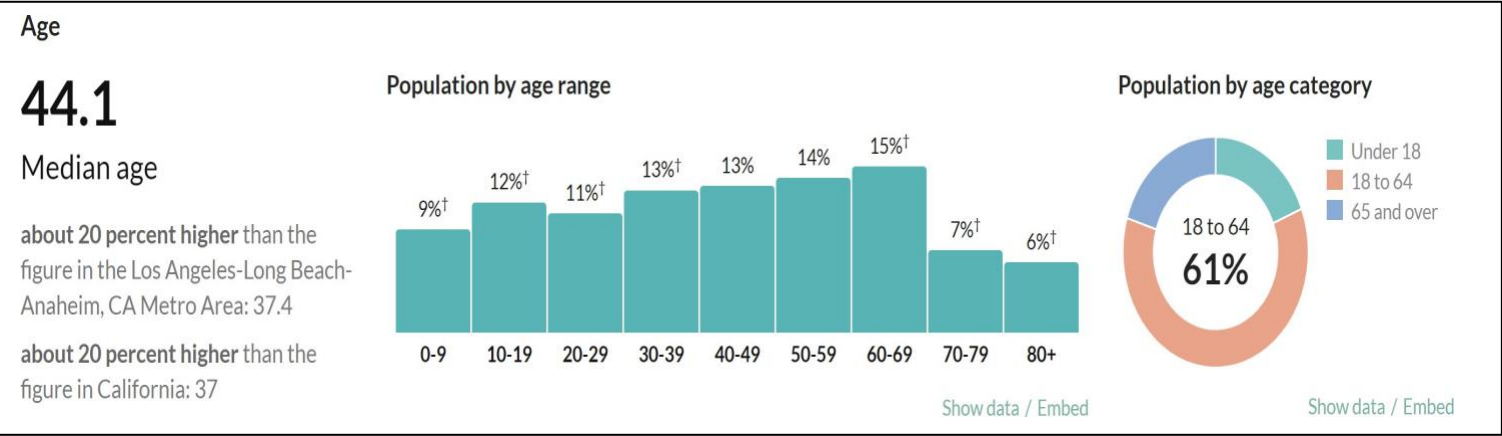
Reseda

91335		
0-9	11.8%	9,223
10-19	12.8%	9,988
20-29	13.7%	10,674
30-39	15.2%	11,902
40-49	13.3%	10,379
50-59	14.5%	11,297
60-69	10%	7,797
70-79	5.2%†	4,057
80+	3.7%†	2,888



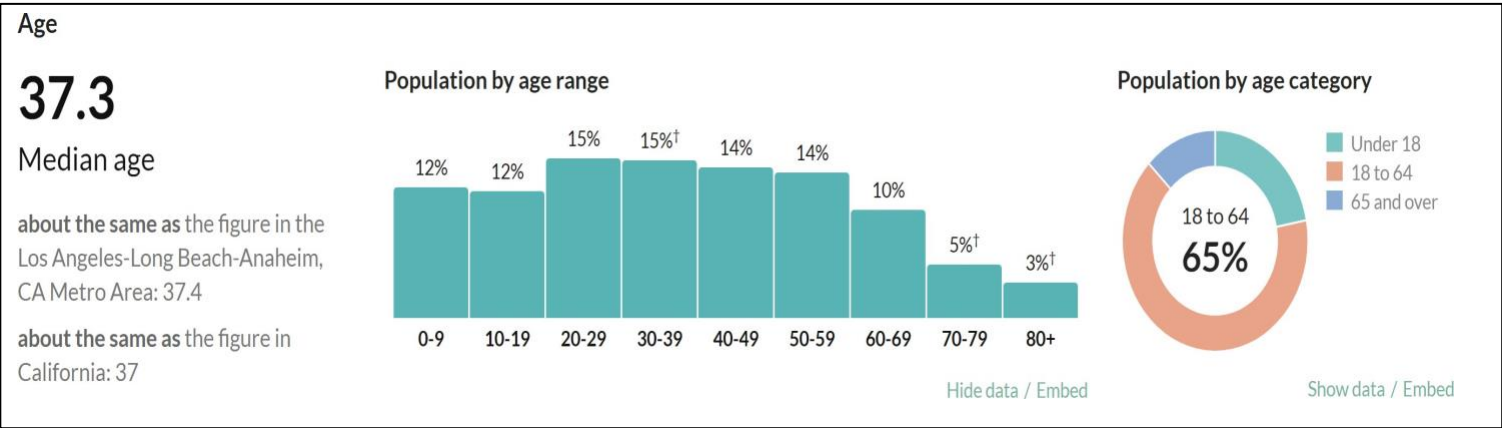
Tarzana

91356		
0-9	9.3%†	2,779
10-19	11.7%†	3,504
20-29	10.7%†	3,201
30-39	12.8%†	3,826
40-49	13.2%	3,940
50-59	13.9%	4,154
60-69	14.9%†	4,465
70-79	7.4%†	2,211
80+	6.3%†	1,888



Winnetka

91306		
0-9	12.3%	6,034
10-19	11.9%	5,838
20-29	14.9%	7,358
30-39	14.8%†	7,279
40-49	14.1%	6,945
50-59	13.6%	6,704
60-69	10.1%	4,992
70-79	5%†	2,464
80+	3.3%†	1,646



¹All Data was obtained through Censusreporter.org⁷

GNC Demographic: Education Attainment

Canoga Park

91303 ¹		
No degree	22.6%†	4,590
High school	24.4%†	4,960
Some college	28.9%	5,877
Bachelor's	17.2%†	3,497
Post-grad	6.9%†	1,412

Educational attainment

77.4%

High school grad or higher

a little less than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 90 percent of the rate in California: 84.2%

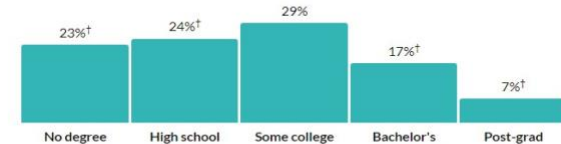
24.1%

Bachelor's degree or higher

about two-thirds of the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about two-thirds of the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Show data / Embed](#)

91304		
No degree	15.1%	5,771
High school	20.1%	7,673
Some college	30.4%	11,586
Bachelor's	23.2%	8,846
Post-grad	11.3%	4,299

Educational attainment

84.9%

High school grad or higher

a little higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about the same as the rate in California: 84.2%

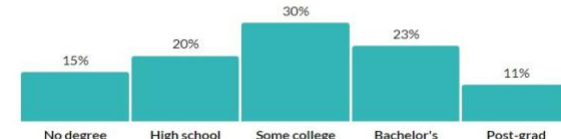
34.4%

Bachelor's degree or higher

a little less than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about the same as the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

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Chatsworth

91311		
No degree	7.7%†	2,283
High school	17.8%†	5,283
Some college	33.2%	9,836
Bachelor's	26.7%	7,923
Post-grad	14.6%†	4,333

Educational attainment

92.3%

High school grad or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 10 percent higher than the rate in California: 84.2%

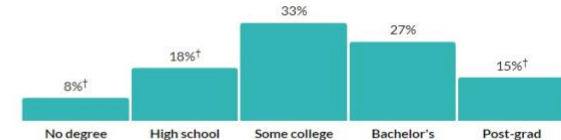
41.3%

Bachelor's degree or higher

about 20 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 20 percent higher than the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

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Granada Hills

91344		
No degree	12%†	4,702
High school	21.4%	8,354
Some college	29.6%	11,557
Bachelor's	24.3%	9,472
Post-grad	12.7%	4,965

Educational attainment

88%

High school grad or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

a little higher than the rate in California: 84.2%

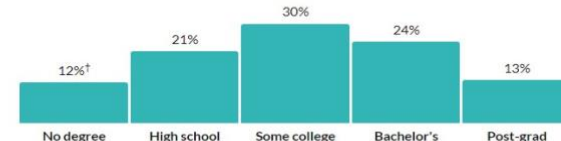
37%

Bachelor's degree or higher

a little higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

a little higher than the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

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North Hills

91343		
No degree	25.5%	10,597
High school	23%	9,548
Some college	25.3%	10,493
Bachelor's	18.9%	7,858
Post-grad	7.3%†	3,038

Educational attainment

74.5%

High school grad or higher

about 90 percent of the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 90 percent of the rate in California: 84.2%

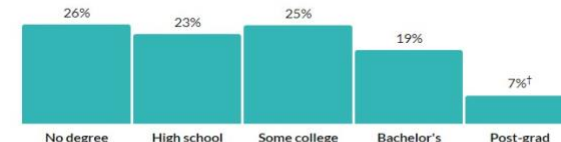
26.2%

Bachelor's degree or higher

about three-quarters of the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about three-quarters of the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data / Embed](#)

Northridge

91324		
No degree	12.9%†	2,673
High school	17.1%†	3,529
Some college	29.1%	6,026
Bachelor's	28.8%	5,957
Post-grad	12.1%†	2,493

Educational attainment

87.1%

High school grad or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

a little higher than the rate in California: 84.2%

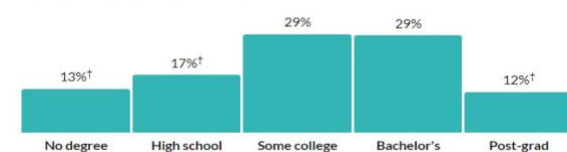
40.9%

Bachelor's degree or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 20 percent higher than the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

91325		
No degree	12.1%†	2,951
High school	19.5%†	4,737
Some college	27.8%	6,769
Bachelor's	26.8%	6,520
Post-grad	13.8%†	3,345

Educational attainment

87.9%

High school grad or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

a little higher than the rate in California: 84.2%

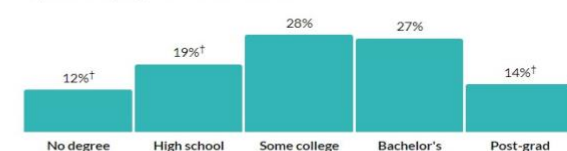
40.6%

Bachelor's degree or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 20 percent higher than the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

91330		
No degree	11.1%†	182
High school	13%†	213
Some college	26.8%†	439
Bachelor's	24.3%†	398
Post-grad	24.7%†	405

Educational attainment

88.9%

High school grad or higher

about 10 percent higher than the rate in Los Angeles: 78.4%

about 10 percent higher than the rate in Los Angeles County: 80%

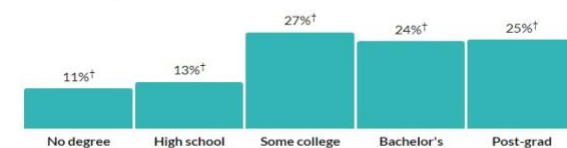
49.1%

Bachelor's degree or higher

about 1.4 times the rate in Los Angeles: 36.2%

about 1.4 times the rate in Los Angeles County: 34%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

Porter Ranch

91326		
No degree	5.6%†	1,467
High school	14.5%†	3,812
Some college	23.5%	6,193
Bachelor's	32.6%	8,596
Post-grad	23.9%	6,314

Educational attainment

94.4%

High school grad or higher

about 20 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 10 percent higher than the rate in California: 84.2%

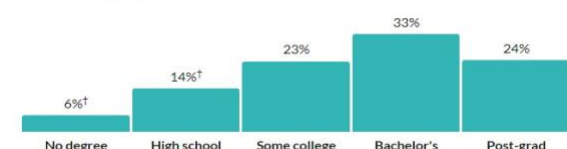
56.5%

Bachelor's degree or higher

about 1.5 times the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 1.5 times the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

Reseda

91335		
No degree	21.2%	11,386
High school	21.5%	11,525
Some college	28.1%	15,067
Bachelor's	20%	10,712
Post-grad	9.2%†	4,955

Educational attainment

78.8%

High school grad or higher

a little less than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

a little less than the rate in California: 84.2%

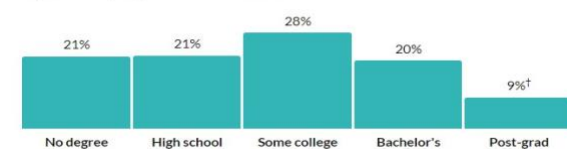
29.2%

Bachelor's degree or higher

about 80 percent of the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 80 percent of the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

Tarzana

91356		
No degree	6.8%†	1,500
High school	13.4%†	2,953
Some college	27.9%	6,167
Bachelor's	30.2%	6,672
Post-grad	21.7%	4,793

Educational attainment

93.2%

High school grad or higher

about 10 percent higher than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 10 percent higher than the rate in California: 84.2%

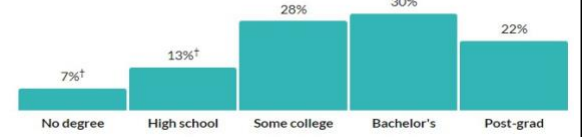
51.9%

Bachelor's degree or higher

about 1.4 times the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 1.5 times the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

Winnetka

91306		
No degree	21.6%	7,353
High school	22.2%	7,561
Some college	26.7%	9,081
Bachelor's	22.2%	7,563
Post-grad	7.4%†	2,519

Educational attainment

78.4%

High school grad or higher

a little less than the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 81.6%

about 90 percent of the rate in California: 84.2%

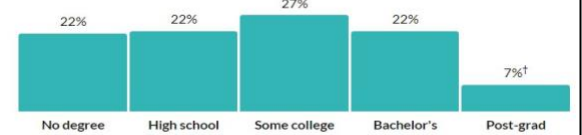
29.6%

Bachelor's degree or higher

about 80 percent of the rate in the Los Angeles-Long Beach-Anaheim, CA Metro Area: 36%

about 80 percent of the rate in California: 35.3%

Population by highest level of education



* Universe: Population 25 years and over

[Hide data](#) / [Embed](#)

USA

2022 ²	
No degree	9%
High school	28%
Some college	15%
Bachelor's	23%
Post-grad	14%

¹Data was obtained through Censusreporter.org

²<https://www.census.gov/newsroom/press-releases/2022/educational-attainment.html>

GNC Demographic: Employment¹

Businesses	California	United States
i Median household income (in 2022 dollars), 2018-2022	\$91,905	\$75,149
BUSINESSES		
Businesses		
i Total employer establishments, 2021	998,582	8,148,606
i Total employment, 2021	14,835,360	128,346,299
i Total annual payroll, 2021 (\$1,000)	1,296,166,512	8,278,573,947
i Total employment, percent change, 2020-2021	-5.6%	-4.3%
i Total nonemployer establishments, 2020	3,348,085	27,151,987
i All employer firms, Reference year 2017	742,139	5,744,643
i Men-owned employer firms, Reference year 2017	435,455	3,480,438
i Women-owned employer firms, Reference year 2017	150,552	1,134,549
i Minority-owned employer firms, Reference year 2017	237,419	1,014,958
i Nonminority-owned employer firms, Reference year 2017	449,317	4,371,152
i Veteran-owned employer firms, Reference year 2017	34,619	351,237
i Nonveteran-owned employer firms, Reference year 2017	655,275	4,968,606

¹<https://www.census.gov/quickfacts/geo/dashboard/CA,US/SBO030217#SBO030217>

GNC Demographic: Homelessness Rate

<u>Catchment Area</u>	
------------------------------	--

2022¹	
Canoga Park	455
Chatsworth	650
Granada Hills	95
North Hills	298
Northridge	128
Porter Ranch	18
Reseda	393
Tarzana	131
Winnetka	64
Total	2,232

<u>Local & National</u>	
------------------------------------	--

2022²	
Los Angeles	69,144
USA	582,642

¹<https://www.laalmanac.com/social/so14b.php>

²<https://www.security.org/resources/homeless-statistics/>

GNC Demographic: Income Level

Canoga Park

91303 ¹	
Median	\$66,494
Under \$50K	37%
\$50K-\$100K	33%
\$100K-\$200K	24%
Over \$200K	6%

Income

\$28,703

Per capita income

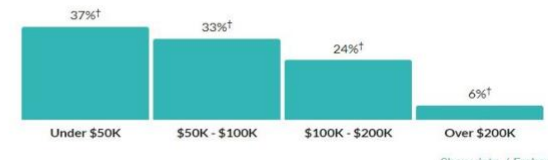
about three-quarters of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895
about two-thirds of the amount in California: \$41,276

\$66,494

Median household income

about 80 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652
about 80 percent of the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

91304	
Median	\$74,987
Under \$50K	34%
\$50K-\$100K	28%
\$100K-\$200K	24%
Over \$200K	14%

Income

\$37,119

Per capita income

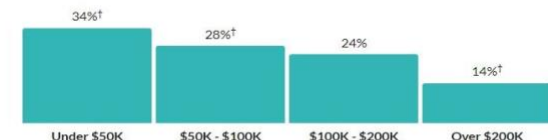
about 90 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895
about 90 percent of the amount in California: \$41,276

\$74,987

Median household income

about 90 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652
about 90 percent of the amount in California: \$84,097

Household income



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Chatsworth

91311	
Median	\$101,623
Under \$50K	22%
\$50K-\$100K	26%
\$100K-\$200K	34%
Over \$200K	17%

Income

\$45,604

Per capita income

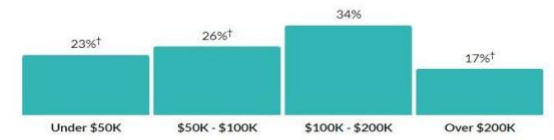
about 10 percent higher than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895
about 10 percent higher than the amount in California: \$41,276

\$101,623

Median household income

about 25 percent higher than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652
about 20 percent higher than the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

Granada Hills

91344	
Median	\$104,640
Under \$50K	23%
\$50K-\$100K	24%
\$100K-\$200K	35%
Over \$200K	18%

Income

\$43,342

Per capita income

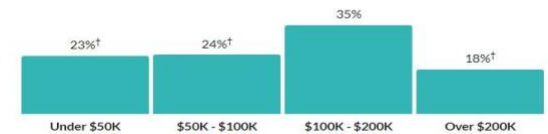
about 10 percent higher than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895
a little higher than the amount in California: \$41,276

\$104,640

Median household income

about 1.3 times the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652
about 25 percent higher than the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

North Hills

91343	
Median	\$71,380
Under \$50K	36%
\$50K-\$100K	27%
\$100K-\$200K	27%
Over \$200K	10%

Income

\$27,658

Per capita income

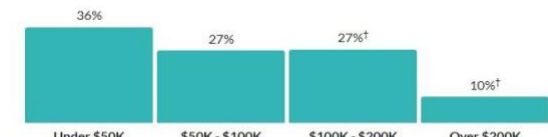
about two-thirds of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895
about two-thirds of the amount in California: \$41,276

\$71,380

Median household income

about 90 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652
about 80 percent of the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

Northridge

91324	
Median	\$88,003
Under \$50K	32%
\$50K-\$100K	21%
\$100K-\$200K	33%
Over \$200K	13%

Income

\$39,453

Per capita income

about the same as the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

a little less than the amount in California: \$41,276

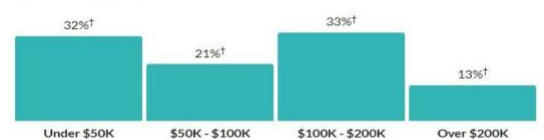
\$88,003

Median household income

about 10 percent higher than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

a little higher than the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

91325	
Median	\$73,119
Under \$50K	36%
\$50K-\$100K	27%
\$100K-\$200K	24%
Over \$200K	13%

Income

\$37,984

Per capita income

a little less than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

about 90 percent of the amount in California: \$41,276

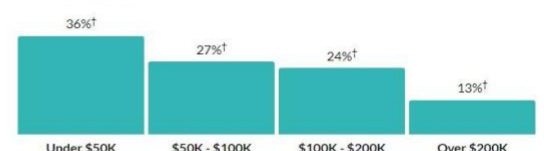
\$73,119

Median household income

about 90 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

about 90 percent of the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

91330	
Data Unavailable	

Data Unavailable

Porter Ranch

91326	
Median	\$130,322
Under \$50K	19%
\$50K-\$100K	19%
\$100K-\$200K	34%
Over \$200K	27%

Income

\$57,211

Per capita income

about 1.4 times the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

about 1.4 times the amount in California: \$41,276

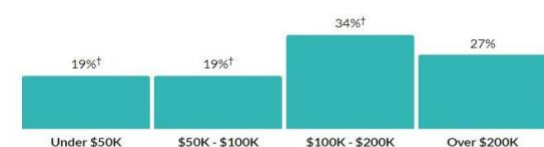
\$130,322

Median household income

about 1.5 times the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

about 1.5 times the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

Reseda

91335	
Median	\$68,163
Under \$50K	37%
\$50K-\$100K	30%
\$100K-\$200K	25%
Over \$200K	8%

Income

\$30,423

Per capita income

about three-quarters of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

about three-quarters of the amount in California: \$41,276

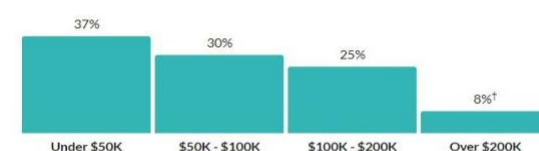
\$68,163

Median household income

about 80 percent of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

about 80 percent of the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

Tarzana

91356	
Median	\$90,886
Under \$50K	28%
\$50K-\$100K	25%
\$100K-\$200K	25%
Over \$200K	22%

Income

\$59,347

Per capita income

about 1.5 times the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

about 1.4 times the amount in California: \$41,276

\$90,886

Median household income

about 10 percent higher than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

about 10 percent higher than the amount in California: \$84,097

Household income



[Show data](#) / [Embed](#)

Winnetka

91306	
Median	\$77,597
Under \$50K	35%
\$50K-\$100K	25%
\$100K-\$200K	29%
Over \$200K	11%

Income

\$30,577
Per capita income

about three-quarters of the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$39,895

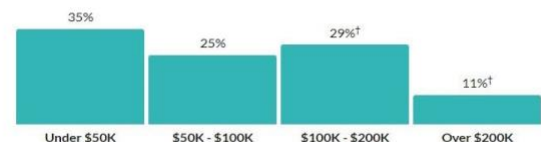
about three-quarters of the amount in California: \$41,276

\$77,597
Median household income

a little less than the amount in the Los Angeles-Long Beach-Anaheim, CA Metro Area: \$81,652

about 90 percent of the amount in California: \$84,097

Household income



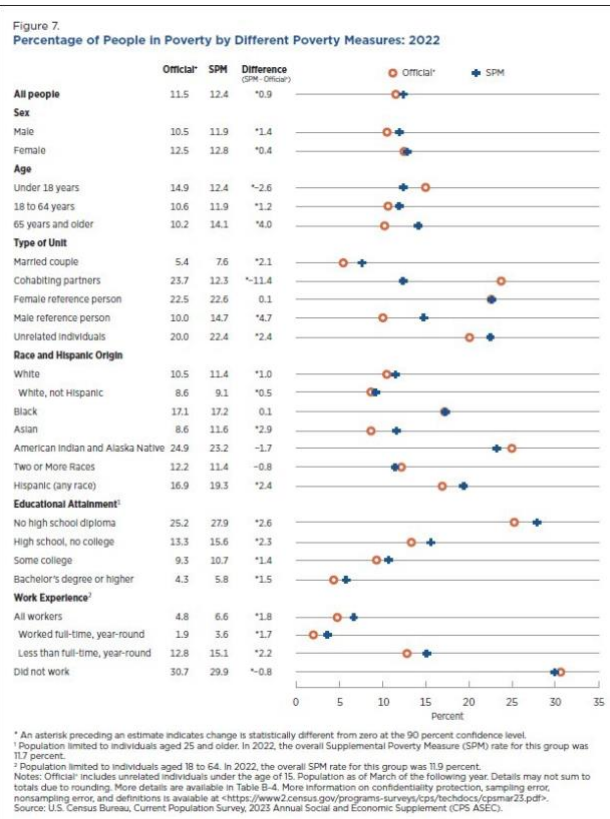
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*National Poverty Percentage

2022 ²	
Individuals	20%
Married	5%
Co-Habitation	23.70%
Household Head	38%

National Poverty Level

2023 ³	
First Person	\$14,580
Each Additional Person	\$5,140
Four-Person Family	\$30,000



*At time of publication, we are providing supplementary data on household and poverty level breakdown nationally as we were unable to obtain data for those categories in relation to our catchment area.

¹Data was obtained through Censusreporter.org

²<https://www.census.gov/content/dam/Census/library/publications/2023/demo/p60-280.pdf>

³<https://www.federalregister.gov/documents/2023/01/19/2023-00885/annual-update-of-the-hhs-poverty-guidelines>

*GNC Demographic: Internet Usage

Cell Phones ¹	
USA	97%

Households w/ Computers ²	
Los Angeles	96.70%
USA	92%

Households w/ Tablets	
USA	64%

Households w/ Broadband Internet	
Los Angeles	92.50%
USA ³	86.80%

*At time of publication, we were only able to find national statistics on internet usage. In the future, we will update statistics with categorical breakdowns and data related to our catchment area.

¹<https://www.pewresearch.org/internet/fact-sheet/mobile/>

²Data was obtained through the US Census Bureau

³<https://itif.org/publications/2022/12/05/state-of-us-broadband-in-2022-reassessing-the-whole-picture/>

GNC: Population and Area Breakdown

Canoga Park

Zip Codes	Population	Square Miles
91303	29,965	2.1 Square Miles
91304	54,264	9.7 Square Miles
91305	PO Box Zip Code	0 Square Miles
91309	PO Box Zip Code	0 Square Miles

Chatsworth

Zip Codes	Population	Square Miles
91311	41,188	33.5 Square Miles
91313	PO Box ZIP Code	0 Square Miles

Granada Hills

Zip Codes	Population	Square Miles
91344	54,465	14.5 Square Miles

North Hills

Zip Codes	Population	Square Miles
91343	64,519	5.9 Square Miles

Northridge

Zip Codes	Population	Square Miles
91324	29,328	4.3 Square Miles
91325	35,355	4.8 Square Miles
91330	2,101	0.2 Square Miles
91327	PO Box Zip Code	0 Square Miles
91328	PO Box Zip Code	0 Square Miles
91329	PO Box Zip Code	0 Square Miles

Porter Ranch

Zip Codes	Population	Square Miles
91326	36,079	8.1 Square Miles

Reseda

Zip Codes	Population	Square Miles
91335	78,205	6.6 Square Miles
91337	PO Box Zip Code	0 Square Miles

Tarzana

Zip Codes	Population	Square Miles
91356	29,968	7.3 Square Miles
91357	PO Box Zip Code	0 Square Miles

Winnetka

Zip Codes	Population	Square Miles
91306	49,260	4.2 Square Miles
91396	PO Box Zip Code	0 Square Miles

¹All data was obtained through Censusreporter.org

Population, Square Miles, and Postal Zip Codes

<u>Catchment Area¹</u>				
City	Postal Zip Codes	Mental Health (MH) Agency	Population	Square Miles
Canoga Park	91303, 91304, 91305, 91309	4	84,229	11.8
Chatsworth	91311, 91313	0	41,188	33.5
Granada Hills	91344	10	54,465	14.5
North Hills	91343	3	64,519	5.9
Northridge	91324, 91325, 91330, 91327, 91328, 91329	19	66,784	9.3
Porter Ranch	91326	3	36,079	8.1
Reseda	91335, 91337	5	78,205	6.6
Tarzana	91356, 91357	0	29,968	7.3
Winnetka	91306, 91396	2	49,260	4.2

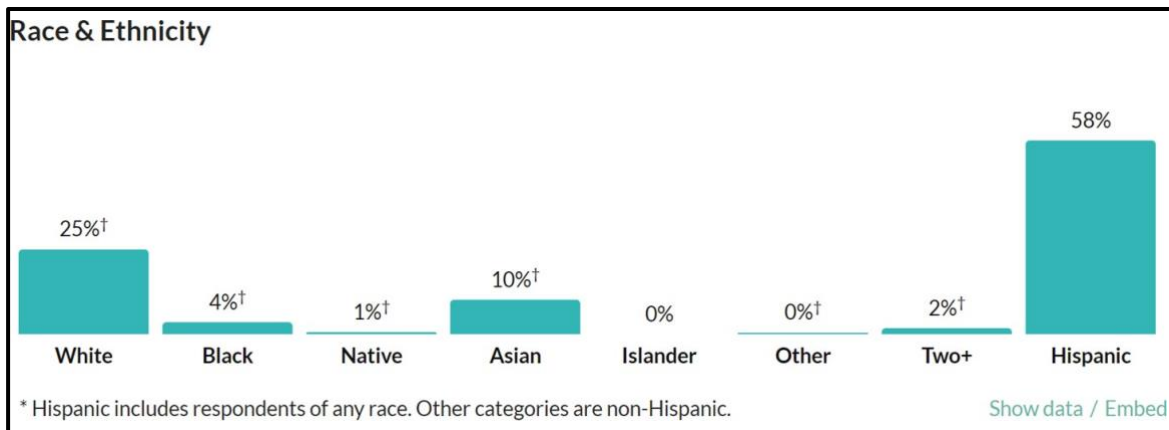
<u>Catchment Area Overview:</u>				
Cities	Postal Zip Codes	MH Agency	Population	Square Miles
9	21	46	504,697	101.2

¹Data was obtained through Censusreporter.org

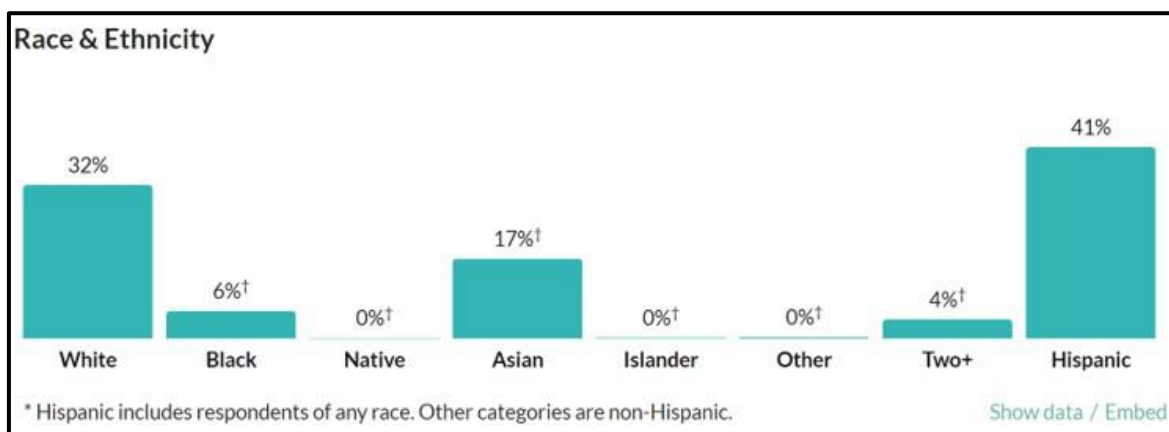
GNC Demographic: Race & Ethnicity

Canoga Park

91303 ¹		
White	25.4%†	7,612
Black	3.5%†	1,052
Native	0.6%†	165
Asian	10.3%†	3,096
Islander	0%	0
Other	0.5%†	140
Two+	1.7%†	510
Hispanic	58%	17,390

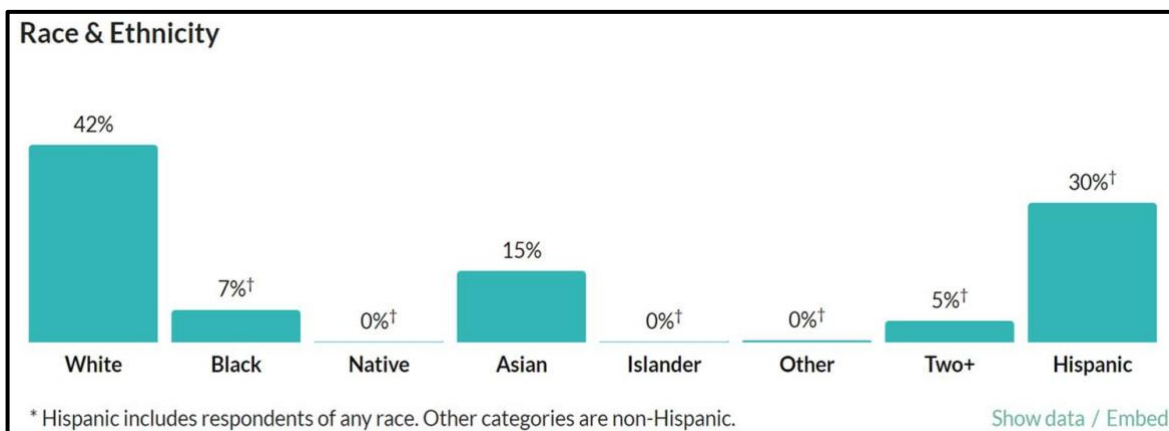


91304		
White	32.40%	17,590
Black	5.8%†	3,142
Native	0.1%†	27
Asian	16.8%†	9,113
Islander	0.1%†	33
Other	0.3%†	170
Two+	4.1%†	2,195
Hispanic	40.50%	21,994



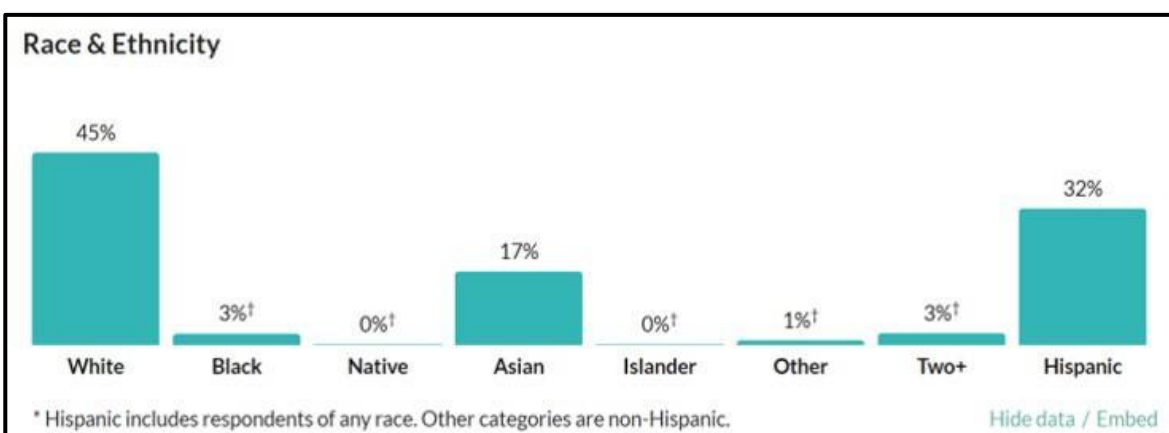
Chatsworth:

91311		
White	42.5%	17,496
Black	7%†	2,887
Native	0.1%†	42
Asian	15.40%	6,325
Islander	0.1%†	47
Other	0.4%†	156
Two+	4.6%†	1,884
Hispanic	30%†	12,351



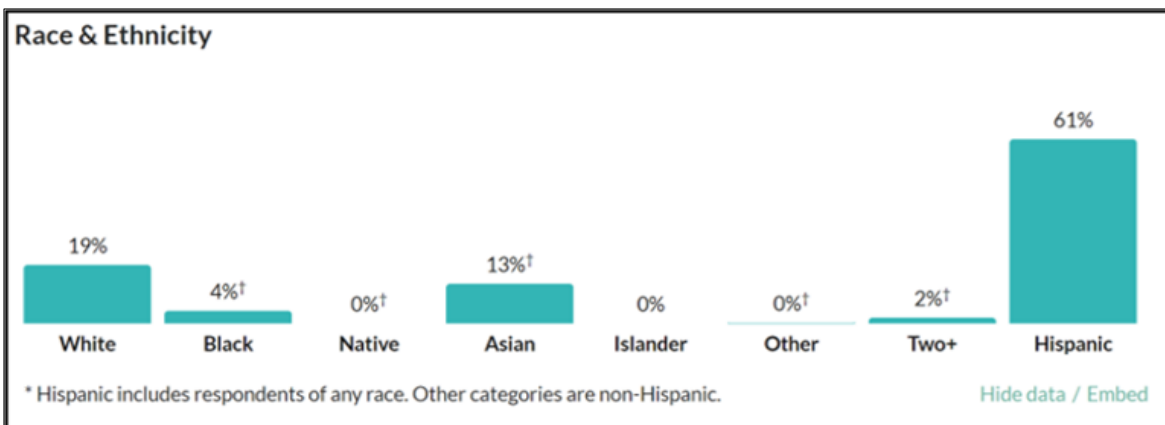
Granada Hills

91344		
White	44.6%	24,308
Black	2.7%†	1,441
Native	0.2%†	89
Asian	17%	9,281
Islander	0.1%†	42
Other	1.1%†	573
Two+	2.8%†	1,511
Hispanic	31.6%	17,220



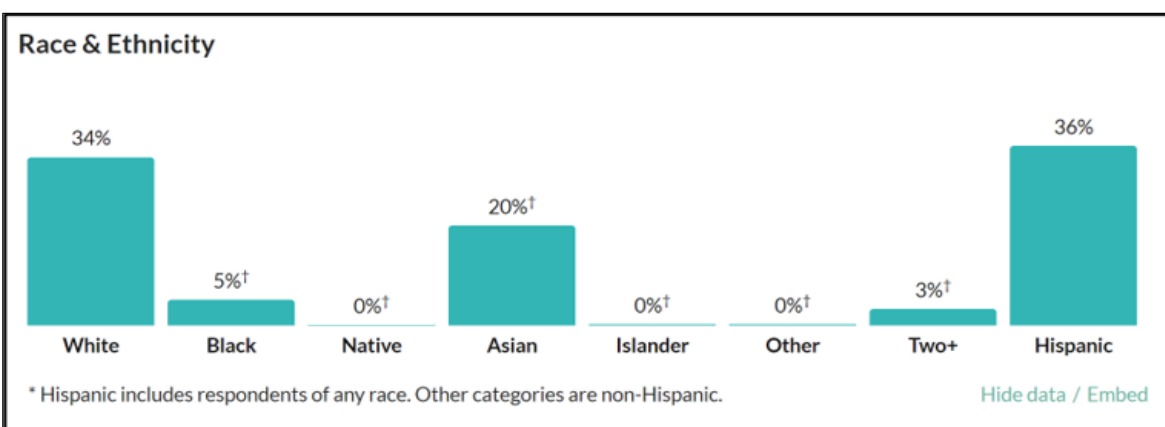
North Hills

91343		
White	19.4%	12,536
Black	4.1%†	2,620
Native	0%†	9
Asian	13.2%†	8,528
Islander	0%	0
Other	0.3%†	171
Two+	1.8%†	1,140
Hispanic	61.3%	39,515

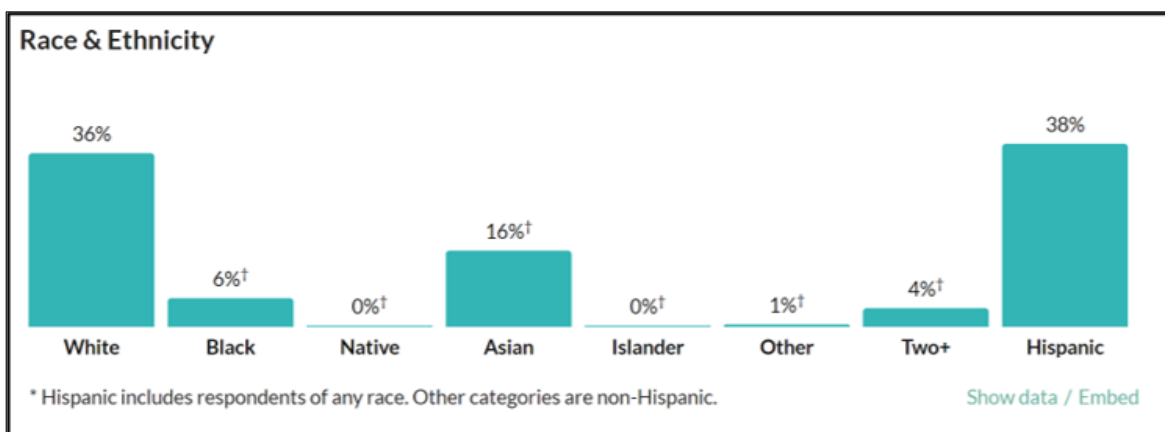


Northridge

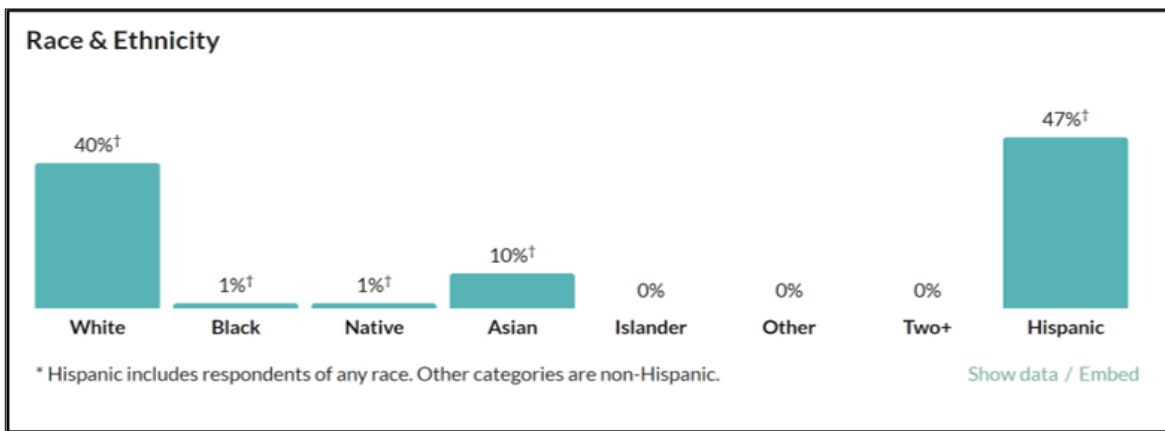
91324		
White	34.1%	10,006
Black	5.2%†	1,538
Native	0.1%†	31
Asian	20.3%†	5,946
Islander	0.2%†	56
Other	0.2%†	61
Two+	3.4%†	995
Hispanic	36.5%	10,695



91325		
White	35.8%	12,650
Black	5.9%†	2,093
Native	0.2%†	72
Asian	15.7%†	5,550
Islander	0.2%†	79
Other	0.5%†	184
Two+	3.9%†	1,378
Hispanic	37.8%	13,349

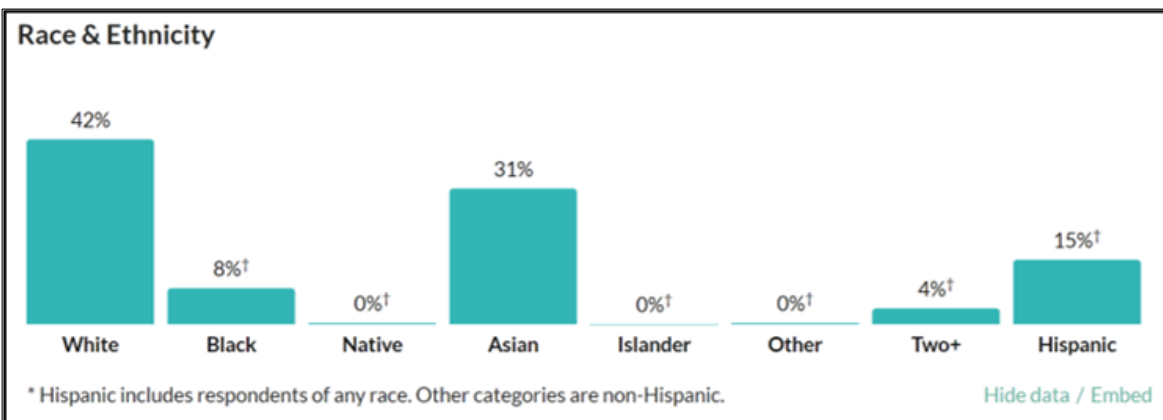


91330		
White	40.2%	844
Black	1.4%†	29
Native	1.5%†	31
Asian	9.7%†	203
Islander	0%	0
Other	0%	0
Two+	0%	0
Hispanic	47.3%	994



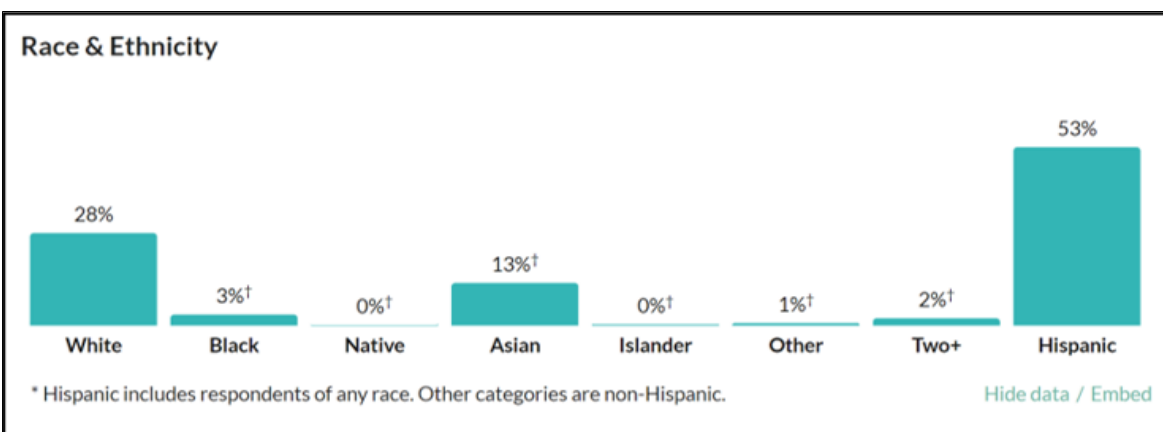
Porter Ranch

91326		
White	42.1%	15,202
Black	8.1%†	2,928
Native	0.2%†	87
Asian	30.9%	11,163
Islander	0%†	12
Other	0.3%†	119
Two+	3.6%†	1,283
Hispanic	14.7%†	5,285



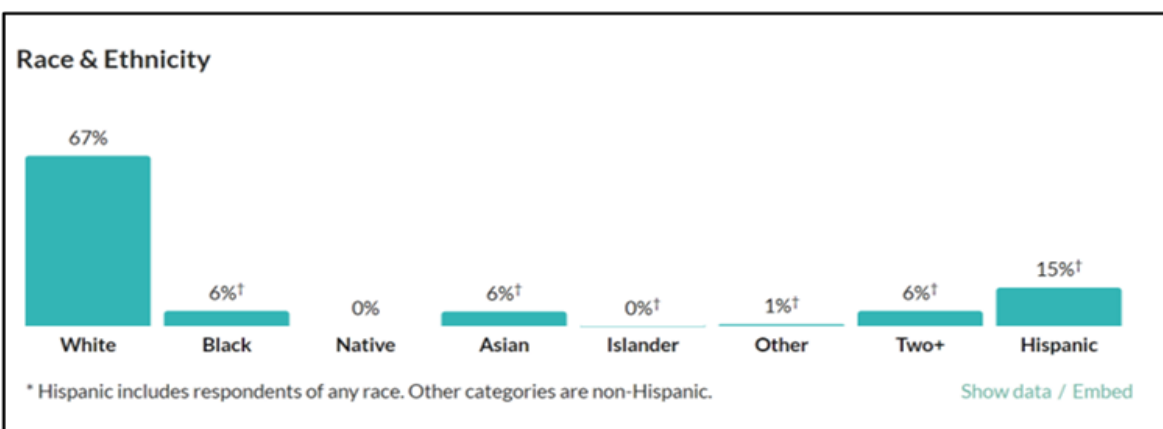
Reseda

91335		
White	27.5%	21,520
Black	3.3%†	2,587
Native	0.2%†	179
Asian	12.7%†	9,897
Islander	0.3%†	205
Other	0.7%†	545
Two+	2.2%†	1,687
Hispanic	53.2%	41,585



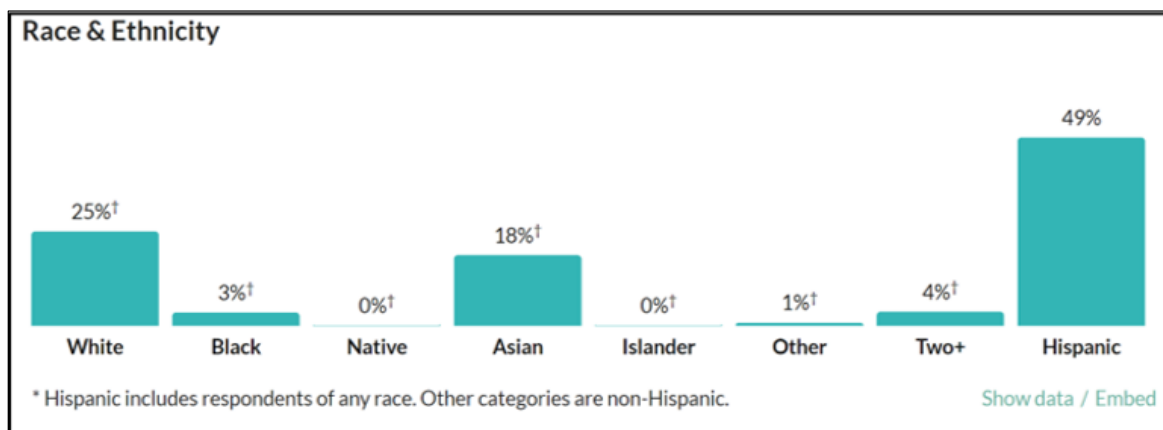
Tarzana

91356		
White	66.7%	20,002
Black	5.8%†	1,746
Native	0%	0
Asian	5.6%†	1,681
Islander	0%†	6
Other	0.8%†	228
Two+	5.9%†	1,777
Hispanic	15.1%†	4,528



Winnetka

91306		
White	24.5%†	12,081
Black	3.4%†	1,682
Native	0.1%†	45
Asian	18.4%†	9,056
Islander	0.2%†	76
Other	0.9%†	436
Two+	3.7%†	1,812
Hispanic	48.9%	24,072



†Data was obtained through Censusreporter.org

BRICK-AND-MORTAR INTRODUCTION

This category identifies mental health organizations and services with an address and presence within the Greater Northridge Community catchment area. Such organizations represent the historical core of mental health services, providing face-to-face, inpatient, outpatient, and, in some instances, crisis intervention.

We could recognize 46 such organizations, listing them by address, telephone numbers, and website identities.

These Brick-and-Mortar agencies offer a wide range of mental health services depending on needs: child, adolescent, adult, couples, families, and groups.

"Brick-and-Mortar" Agencies for the GNC:					
Count	Mental Health Agency	Zip Code	Location	Phone Number	Website
1	ABLE	91311	21363 Lassen Street, Chatsworth, CA 91311	(818) 909-ABLE	http://www.ablenterprises.com
2	A Work in Progress	91311	21717 Vintage St, Chatsworth, CA 91311	(818) 633-1719	https://www.aworkinprogresshome. or g/
3	West Valley Mental Health Center	91311	20151 Nordhoff St. Chatsworth, CA 91311	(818) 407-3200	https://locator.lacounty.gov/health/L o cation/3180998/west-valley- mental- health-center
4	360 Behavioral Health	91311	9201 Oakdale Avenue, Suite 101 Chatsworth, CA 91311	833 CARE 4 LIFE	https://360behavioralhealth.com
5	INIZIO	91344	11856 Balboa Blvd, #235 Granada Hills, CA. 91344	(818) 937-0882	https://iniziointerventions.com/
6	San Fernando Mental Health Center	91344	10605 Balboa Blvd #100, Granada Hills, CA 91344	(818) 832-2400	https://locator.lacounty.gov/dmh/Loc a tion/3180997/san-fernando-mental- health-center
7	Behavior Education Services Team	91344	17037 Chatsworth St # 102, Granada Hills, CA 91344	(818) 576-0464	https://b-est.org
8	WOC Therapy	91344	17418 Chatsworth St. Suite 201B Granada Hills, CA 91344	(818) 245-5352	https://woctherapy.com/
9	Zen and Health	91344	17418 Chatsworth St. #201B Granada Hills, CA 91344	(818)-388-3292	https://www.zenandhealth.net/
10	Growing Minds Counseling	91344	16800 Devonshire St Suite 212, Granada Hills, CA 91344	(323) 459-4968	https://www.growingmindscounseling . com/
11	Path Forward	91344	17075 Devonshire St, Granada Hills, CA 91344	(818) 642-6244	https://path-forwardcounseling.com/
12	Valley Life Improvement Center	91344	17415 Mayerling St Granada Hills, CA 91344	(310) 359-3033	www.buzzfile.com/business/Valley- Life-Improvement-Center
13	Healing Blue Therapy	91344	10315 Woodley Ave. Granada Hills, CA 91344	(818)-945-9075	https://healingbluetherapy.com
14	FullerRelationships	91344	10646 Zelzah Avenue Suite 207 Granada Hills, CA 91344	(818) 356-4327	https://www.fullerrelationships.com/
15	Child and Family Guidance Center	91343	9119 Haskell Avenue North Hills, CA 91343	(818)-763-8836	https://www.childguidance.org/2018/ 0 4/north-hills/
16	Penny Lane Centers North Hills	91343	15305 Rayen St. North Hills, CA 91343	(818) 892-3423	https://www.pennylane.org/

17	Sepulveda VA Medical Center	91343	16111 Plummer St, North Hills, CA 91343	818-891-7711	https://www.va.gov/greater-los-angeles-health-care/locations/sepulveda-v-medical-center/#location-andcontact
18	Tribute Counseling & Psychotherapy Services	91324	9017 Reseda Blvd. #204, Northridge, CA 91324	(818)-927-1284	https://www.tributecps.com/
19	Behavioral Management Group	91324	8448 Reseda Blvd. #203 Northridge, CA 91324	(818)-718-7100	http://bmgprograms.com/
20	Best Life Counseling Center	91324	8949 Reseda Blvd #221, Northridge, CA 91324	(747)-224-0215	https://bestlifecounselingcenter.com/
21	Northridge Counseling Center	91324	8949 Reseda Blvd. #225 Northridge, CA 91324	(818)-626-8531	https://northridgecounselingcenter.com/
22	Miracles in Action	91324	9241 Reseda Blvd., #200 Northridge, CA 91324	(818)-287-0080	https://www.miraclesinaction.info/
23	Beautiful Life Services	91324	9700 Reseda Blvd. #203B Northridge, CA 91324	(818)-882-8776 (ext. 0)	https://www.beautifullifeservices.com/ (inactive)
24	Clear Mind Hypnotherapy	91324	(Location unknown to the public) Northridge, CA 91324	(818)-775-1868	http://www.clearmindhypnotherapy.com/
25	Tree of Life Christian Church	91324	9453 Wilbur Ave., Northridge, CA 91324	(818)-427-1182	https://treeoflifechurch.com/
26	CARD (Center for Autism & Related Disorders)	91325	8652 Lindley Ave. Northridge, CA 91325	(818)-960-0630	https://centerforautism.com/
27	Child and Family Guidance Center	91325	9650 Zelzah Ave. Northridge, CA 91325 (main location)	(818)-993-9311	https://www.childguidance.org/
28	LifeStanceHealth	91325	18250 Roscoe Blvd., Suite 120 Northridge, CA 91325	(925)-282-1778	https://lifestance.com/location/northridge-ca-18250/?utm_source=gmb&utm_medium=social/locations/northridgehospital/services/emergency-services/behavioral-health-
29	Dignity Health, Northridge Hospital Medical Center	91325	18300 Roscoe Blvd. Northridge, CA 91325	(818)-885-5484	https://www.dignityhealth.org/socal/locations/northridgehospital/services/emergency-services/behavioral-health-
30	The Khalil Center	91325	9836 White Oak Ave #101, Northridge, CA 91325	(747) 206-1509	https://khalilcenter.com/
31	God is Love Christian Church	91325	9659 Balboa Blvd., Northridge, CA 91325	(818)-336-6390	https://www.godislovechristianchurch.com/
32	CSUN University Counseling Services	91330	Bayramian Hall 520 18111 Nordhoff St. Northridge, CA 91330	(818)-677-2356	https://www.csun.edu/counseling
33	Mitchell Family Counseling Clinic	91330	Education Administration 18111 Nordhoff St. Northridge, CA 91330	(818)-677-2568	https://www.csun.edu/wellbeing/mitchell-family-counseling-clinic

34	CSUN Anxiety & Mood Clinic	91330	Department of Psychology 18111 Nordhoff St Northridge, CA 91330	(818)-677-2829	https://www.csun.edu/social-behavioral-sciences/psychology/anxiety-mood-clinic
35	CSUN Assessment Clinic	91330	Department of Psychology 18111 Nordhoff St Northridge, CA 91330	(818)-677-2964	https://www.csun.edu/social-behavioral-sciences/psychology/assessment-clinic
36	CSUN Autism Clinic	91330	Department of Psychology 18111 Nordhoff St Northridge, CA 91330	(818)-677-4281	https://www.csun.edu/wellbeing/csun-autism-clinic
37	Living Springs Psychotherapeutic Services	91326	11145 Tampa Ave., Suite 12B, Porter Ranch, CA 91326	(818) 701-0107	https://www.lspsyh.com/
38	Abundant Life Christian Counseling	91326	11145 Tampa Ave. # 23A, Porter Ranch, CA 91326	(818)787-1242	Agency does not have a website
39	The Genuine Therapist	91326	11145 Tampa Ave Ste 24A, Porter Ranch, CA 91326	(818) 275 – 2219	https://www.thegenuinetherapist.com/
40	Valley Coordinated Children's Services	91335	19231 Victory Blvd. Ste. 110, Reseda, CA 91335	(818) 708-4500	https://locator.lacounty.gov/dmh/Location/3181132/valley-coordinated-childrens-services
41	Tarzana Treatment Centers, Inc.	91335	7101 Baird Ave, Reseda, CA 91335	(818) 296-0755	https://www.tarzanatc.org/services/mental-health-treatment-services/
42	Circle of Hope	91335	18770 Strathern St, Reseda, CA 91335	(855) 572-0950	https://circleofhopetreatment.com/
43	Stars Behavioral Health Group	91335	7601 Canby Ave #3, Reseda, CA 91335	(818) 921-3466	https://www.starsinc.com/
44	Los Angeles Jewish Health	91335	7150 Tampa Ave., Reseda, CA 91335	(855)-277-3745	https://www.lajhealth.org/
45	Beautiful Minds Center	91306	19725 Sherman Way #380, Winnetka, CA 91306	(310) 247-8712	https://beautifulmindscenter.com/services/
46	NAHAL NADIM-SAPLING OF LIFE COUNSELING	91306	8342 Quartz Ave Winnetka, CA, 91306-1446	(818) 730-4215	https://nahal-nadim-sapling-of-life-counseling.business.site/

City	Agency
Chatsworth	4
Canoga Park	0
Granada Hills	10
North Hills	3
Northridge	19
Porter Ranch	3
Reseda	5
Tarzana	0
Winnetka	2
Total	46

CRISIS SERVICES INTRODUCTION

Community members experiencing a mental health crisis have several choices, with a call to 911 being the most immediate service option. Such calls are routinely redirected to local police resources for in-person contact and potentially to their own mental health crisis unit. Depending on the nature and severity of the crisis, referrals to local hospital emergency rooms and the national crisis line (988) can be offered.

CRISIS SERVICES

Crises are met in this community by contacting the police, calling the mental health line 988, or walking into the emergency room.

- a.** Dial 988: 988 is a suicide and crisis lifeline 24/7
- b.** Dial 911: 911 is an emergency telephone number 24/7
- c.** The Los Angeles Police Department Devonshire Station is located at 10250 Etiwanda Ave, Northridge, (818) 832-0633. This Station serves Chatsworth, and Northridge, as well as some parts of Canoga Park, Granada Hills, and Winnetka. Devonshire Area covers 48.31 square miles and has a population of 219,136 +.

Some police stations' services include a Mental Evaluation Unit (MEU) as part of the Crisis Response Support Section (CRSS). Only police officers can call to dispatch the MEU.

- d.** There is one hospital with an emergency room that covers the catchment area. Dignity Health - Northridge Hospital Medical Center, 18300 Roscoe Blvd, Northridge, CA 91325, (818) 885- 8500. The emergency room is open 24/7.

- e.** For members of the Kaiser Permanente health group, access to their emergency room is part of the subscriber's medical care services. The Kaiser Permanente facility is located at 5601 De Soto Ave. Woodland Hills, CA 91367, (833) 574-2273 (toll free).

Additional information will be available with the second stage publication of tele-mental health services.

<https://www.lapdonline.org/lapd-contact/valley-bureau/devonshire-community-police-station/>

PRIVATE PRACTITIONERS' INTRODUCTION

The Private Practice community offers a full range of mental health services on a fee-for-service basis. Depending on the type (individual, couple, family, or group), the service provider's degrees and experience, and location (office, hospital, and/or online), fees can range from \$50 to \$250 or more per session. While most fees are fixed, there are some practitioners who offer a sliding scale. Licensure is mandated for those who offer private practice services.

PRIVATE PRACTITIONERS

There were 115 private practitioners we could identify for the Greater Northridge Community catchment area. Each professional identified themselves as licensed and representing such degrees as CIMHP (Certified Integrative Mental Health Professional), DSW (Doctor of Social Work), LCSW (Licensed Clinical Social Worker), LMFT (Licensed Marriage and Family Therapist), LPC (Licensed Professional Counselor), LPCC (Licensed Professional Clinical Counselor), MA (Master in Arts), MD (Medical Doctor), MS (Master of Science), MFT (Marriage and Family Therapist), MSW (Masters in Social Work), NP (Nurse Practitioner), PH.D (Doctor of Philosophy), PPS (Pupil Personnel Services), PPSC (Pupil Personnel Services Counselor), PsyD (Doctor of Psychology), and SEB (Bachelors of Arts Society).

The majority listed their practice addresses on Roscoe and Zelzah avenues.

There were a number in group practice.

Additional Private Practitioners can be found in Section 6, Faith-Based Mental Health Providers.

FAITH-BASED ORGANIZATIONS AND SERVICES INTRODUCTION

We have included the faith-based category in recognition of the vital role faith-based organizations and practitioners play in meeting the MH needs of the urban community.

There is a fundamental difference in the underlying philosophies of faith-based and non-faith-based practitioners providing mental health services.

Faith-based providers ground their approach in believing that human identity is based on an external source such as God's design rather than an individual's feelings or wishes.

Non-faith-based practitioners focus more on individual needs, leading to an internal locus of control.

Our position respects both points of view.

FAITH-BASED MENTAL HEALTH SERVICES

Listed alphabetically.

Catholic

The Archdiocese of Los Angeles provides resources for Catholics with mental health issues.

Caring for those with mental illness or suicidal thoughts is an essential part of the Church's pastoral responsibility. The Church seeks to provide help, hope, and healing in any stage of life. Visit the LA Catholics Mental Health and Suicide page to read the message about mental health from the California Bishops, utilize community support resources, find a Catholic mental health professional, and access resources for personal or parish education.

CLUE Spiritual Care Hotline, created by the LA Department of Mental Health's Faith-Based Advocacy Council for laity consumers seeking spiritual and emotional support during COVID: 213-477-7468.

Caring for the Whole Person is a state-wide initiative of the California Bishops and Catholic healthcare systems that enable each parish to provide community support and meaningful resources to individuals and families.

All efforts of the *Caring for the Whole Person* initiative utilize science-based research, Catholic Healthcare ethics, and the Gospel message to inform everyone about optimum care and health practices at any stage of life.

If a Catholic you know is facing suicidal thoughts,

- Call 1-800-273-TALK (24-hour hotline)
- Visit [SuicidePreventionLifeline.org](https://www.suicidepreventionlifeline.org)

Catholic Therapists.com invites a service seeker to fill out a brief request form including, what do you need? And specializing in and search by Location.

Christian

The *California Christian Counseling.com* website offers Services, Locations, and counselors who are faith-based offering a full range of out-patient services. There were no listings for an address in the catchment area. Eight of the 21 listings offered Online Counseling.

Theravive.com offers a full range of services, including locations (out of the catchment area) and 22 faith-based counselors. Five of the listings offered online counseling.

*Abundant Life Christian Counseling** 11145 Tampa Ave. #23A, Porter Ranch, 818-787-1242, offers faith-based psychotherapy and counseling services to children, adolescents, adults, couples, and families.

*God is Love Christian Church** 9659 Balboa Blvd, Northridge, 818-336-6390 offers counseling services and, as needed, referral to the suicide prevention line 988.

*Tree of Life Christian Church** 9453 Wilbur Ave, Northridge, 818-427-1182, offers counseling services including but not limited to anxiety, depression, family and marital difficulties, loneliness, and loss.

*Tribute Counseling & Psychotherapy Services** 9017 Reseda Blvd #204, Northridge, 818-927-1284, offers faith-based psychotherapy and counseling services to children, adolescents, adults, couples, and families.

Church Of Jesus Christ Of Latter-Day Saints (Mormon)

Family Services provides short-term professional counseling for individuals, couples, and families. Services need to be authorized by a bishop, stake president, or mission president.

The Church of Jesus Christ of Latter-day Saints Therapists.com in Los Angeles lists 22 licensed professionals, 16 providing Online Services only. None were listed in the catchment area.

Islamic

The Khalil Center* 9836 White Oak Ave #101, Northridge, (747) 206-1509, offers Counseling, Psychiatric, Psychological Assessments and Evaluations, and pre-marital counseling services.

Jewish

The *Jewish Federation of Greater Los Angeles* website (www.jewishla.org) offers a full range of mental health services and providers through their website.

Jewish Therapists in Northridge.com lists 21 licensed practitioners in the catchment area, with only one offering Online Services.

The *Los Angeles Jewish Health Care** 7150 Tampa Ave, Reseda, (855) 227-3745 offers Senior mental health care services in an assisted living facility.

Non-Denominational

Inclusivetherapist.com provides 11 therapists from around the country, none listed in the catchment area and no listing for online services, only telephone numbers.

Secular and Non-Religious Therapists in California.com identifies 1243+/-, licensed clinicians.

The Seculartherapyproject.org asks that by registering as a client, the person will be offered secular, evidence-based mental health clinicians in the registrar's area.

Inclusivetherapist.com provides 11 therapists from around the country, none listed in the catchment area and no listing for online services, only telephone numbers.

VA Mental Health Program

Veterans of the United States Uniformed Services may be eligible for a broad range of programs and services including mental health services provided by the Department of Veterans Affairs (VA) and other veteran organizations. Eligibility for most benefits and resources is based upon discharge from active military service under other than dishonorable conditions. See the VA's Mental Health website for more information. -

*Brick-and-Mortar organizations

TELE-MENTAL HEALTH

This section has been included to identify the focus of our future research direction. Early in our research, a brief inquiry laid bare the vastness and complexity of such a service, requiring us to devote considerably more time to the heading. Issues such as confidentiality, technology, effectiveness, providers, training, access, populations served, licensing, liability, and administration were but a few of the concerns we identified.

Therefore, with great excitement, we decided to devote the entirety of the Spring semester (2024) to these Tele-Mental Health questions, publishing the results by June 1st, 2024.

(See our website for this publication, www.thewestlundcenter.org)